



Thai Spa  
Villa

SPA TREATMENT MENU

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1266 WILLEM BOTHA DRIVE, ELDORAIGNE  
[WWW.VILLA-THAISPA.CO.ZA](http://WWW.VILLA-THAISPA.CO.ZA)

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# ABOUT US

VILLA THAI HEALTH SPA WAS CREATED  
IN 2010 TO PROVIDE A SERENE ESCAPE  
FROM EVERYDAY LIFE. WE OFFER A  
TRADITIONAL THAI EXPERIENCE THAT  
HAS BEEN PERFECTLY CURATED OVER  
THE PAST DECADE.

ORIGINATING IN THE HEART OF  
THAILAND, OUR FOUNDER HAS  
DEVELOPED AND PERFECTED  
AUTHENTIC THAI REJUVENATION OF THE  
MIND, BODY, AND SOUL- BRINGING THE  
ESSENCE OF THESE THAI TECHNIQUES  
TO SOUTH AFRICA.

ALLOW YOURSELF TO FEEL A NEW  
LEVEL OF RELAXATION WITH OUR  
VARIETY OF TREATMENTS.  
OUR SANCTUARY AWAITS YOU.



# MASSAGE TREATMENTS

## THAI AROMA HOT OIL MASSAGE

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**60 minutes- R380**

**90 minutes- R550**

USING A MASSAGE OIL TO FACILITATE THE THERAPY, TRADITIONAL MASSAGE TECHNIQUES ARE USED TO WARM UP AND WORK YOUR MUSCLES. AROMATHERAPY CAN ENRICH THE MASSAGE EXPERIENCE IMMENSELY. A FAVORITE FOR MOST AND A DEFINITE MUST FOR FIRST-TIME VISITORS.

## THAI FOOT MASSAGE

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**30 minutes- R250**

**60 minutes - R380**

FOOT MASSAGE THERAPY COMBINES THE RELAXING EFFECTS OF A FOOT MASSAGE WITH THE STIMULATION OF PRESSURE POINTS IN THE FEET. THIS TECHNIQUE CAN ALLEVIATE BLOCKED ENERGY THROUGHOUT THE BODY.

## TRADITIONAL THAI MASSAGE

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**60 minutes- R380**

**90 minutes- R550**

THIS HOLISTIC THERAPY DATES BACK OVER 2 500 YEARS AGO. IT INCORPORATES ELEMENTS OF YOGA, SHIATSU AND ACUPRESSURE WHICH STIMULATES RHYTHMIC MOVEMENTS ALONG THE ENERGY PATHWAYS OF THE BODY. THESE TRADITIONAL METHODS PROMOTE HEALTH AND WELLNESS THROUGH THE ART OF THAI MASSAGE.

## SPORTS MASSAGE (DEEP TISSUE)

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**60 minutes- R410**

**90 minutes- R580**

THIS THERAPEUTIC DEEP TISSUE MASSAGE FOCUSES ON TREATING PAIN, DISCOMFORT, AND INJURY IN YOUR BODY. IT IS EXCELLENT FOR IMPROVING BLOOD CIRCULATION AND LYMPH FLOW WHICH CAN AID IN REDUCING MUSCLE TENSION, ESPECIALLY IN THOSE THAT ARE PHYSICALLY ACTIVE.

## THAI MIX MASSAGE

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**60 minutes- R410**

**90 minutes- R580**

A COMBINATION BETWEEN A TRADITIONAL THAI MASSAGE AND OUR HOT OIL MASSAGE. THIS TREATMENT OFFERS THE RELAXING ATTRIBUTES OF A FULL BODY OIL MASSAGE, COUPLED WITH THE PULLING AND STRETCHING ASSOCIATED WITH A TRADITIONAL THAI MASSAGE. OUR THAI MIX MASSAGE WILL LEAVE YOU FEELING REJUVENATED AND TENSION FREE.

## BACK, NECK & SHOULDER MASSAGE

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**30 minutes- R250**

**60 minutes- R380**

**90 minutes- R550**

THIS METHOD FOCUSES ON RELIEVING THE BUILT-UP TENSION IN THE BACK, NECK, AND SHOULDER AREA OF THE BODY.

## THAI BODY SCRUB

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**60 minutes- R530 (shower included in treatment time)**

**90 minutes- R660 (includes a body wrap, included in treatment time)**

EXPERIENCE A SENSORY JOURNEY OF BLISSFUL RELAXATION. THROUGH THE EXFOLIATION THIS BODY SCRUB PROVIDES, YOU ARE LEFT WITH SMOOTH AND DEEPLY HYDRATED SKIN.

## HOT STONE MASSAGE

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**30 minutes- R350 (only back)**

**60 minutes- R450**

**90 minutes- R600**

THE HEAT OF THE STONES INFILTRATES DEEP INTO THE TIGHT MUSCLES, WHICH ALLOWS THE MIND, BODY, AND SOUL TO REACH A NEW STATE OF REJUVENATION.

## THAI HOT HERBAL COMPRESS

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**60 minutes- R500**

**90 minutes- R650**

FOR A THERAPEUTIC EXPERIENCE, A HERBAL COMPRESS IS WARMED COMBINING AROMATIC, HERBAL AND THERMAL THERAPIES TO PROMOTE WELLNESS OF THE BODY

## FUSION MASSAGE

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**60 minutes- R410**

**90 minutes- R580**

A FUSION OF MASSAGE TECHNIQUES USED WITHIN ASIA AND EUROPE. THIS TREATMENT PROMOTES A SENSE OF WELL BEING BY INCREASING BLOOD CIRCULATION AND LYMPHATIC FLOW. THIS MASSAGE IS IDEAL FOR MUSCULAR TENSION, BODILY ACHES, AND GENERAL RELAXATION.

## HEAD MASSAGE

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**30 minutes- R250**

## EXTRAS

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**Dry Cupping (ADD ON)- R100**

# HANDS & FEET

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## MANICURE

**60 minutes- R340**

TREATMENT BEGINS WITH A HAND SOAK AND THE PUSHING BACK OF THE CUTICLES. THE NAILS ARE CUT, FILED, SHAPED, BUFFED AND SHINED/PAINTED. THE TREATMENT IS CONCLUDED WITH A HAND SCRUB AND MASK.

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## EXPRESS MANICURE

**30 minutes- R170**

TREATMENT INCLUDES THE PUSHING BACK OF CUTICLES AND THE NAILS ARE CUT, FILED, SHAPED, BUFFED AND SHINED/PAINTED.

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## PEDICURE

**60 minutes- R350**

TREATMENT BEGINS WITH A FOOT SOAK AND PUSHING BACK OF THE CUTICLES. THE NAILS ARE CUT, FILED, SHAPED, BUFFED AND SHINED/PAINTED. THE TREATMENT IS CONCLUDED WITH A FOOT SCRUB, MASK AND THE HEELS ARE FILED.

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## EXPRESS PEDICURE

**30 minutes- R190**

TREATMENT INCLUDES THE PUSHING BACK OF CUTICLES AND THE NAILS ARE CUT, FILED, SHAPED, BUFFED AND SHINED/PAINTED.

## HEEL TREATMENT

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**30 minutes- R200**

A HEEL TREATMENT INCLUDES THE SCRAPING AND FILING OF THE HEELS, LEAVING THE HEELS SMOOTH AND SOFT..

## COMBO

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**Soak off + Manicure + Gel Nails: R550**

**Soak off + Pedicure + Gel Nails: R570**

**Manicure + Gel nails: R430**

**Pedicure + Gel Nails: R460**

## EXTRAS

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**NAIL-POLISH: R80 (OWN/SALON)**

**GEL NAILS: R120 (ADD ON)**

**GEL NAILS: R200 (ONLY)**

**SOAK-OFF GEL NAILS: R120 (ONLY)**

**PARAFFIN DIP: R80 (ADD ON)**



# WAXING

## WOMAN

**EYEBROWS**  
R100

**LIP**  
R100

**CHIN**  
R100

**FULL FACE**  
R280

**CHEST**  
R200

**STOMACH**  
R160

**UNDERARM**  
R155

**BACK**  
R395

**½ ARM**  
R190

**FULL ARM**  
R240

**BRAZILIAN**  
R280

**HOLLYWOOD**  
R320

**FULL BUM**  
R150

**½ LEG**  
R230

**¾ LEG**  
R250

**FULL LEG**  
R300

**BIKINI**  
R200

## MAN

**EAR**  
R110

**NOSE**  
R110

**LIP**  
R110

**EYEBROWS**  
R110

**FULL LEG**  
R385

**½ LEG**  
R245

**FULL ARM**  
R270

**½ ARM**  
R200

**UNDERARM**  
R165

**BACK**  
R395

**CHEST**  
R395

**STOMACH**  
R340

**BACK + CHEST + STOMACH**  
R900

**HOLLYWOOD**  
R500

# FACIALS

## **ELEMIS PRO-COLLAGEN AGE DEFY**

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**R 900**

**Duration: 1 hour**

TACKLE FINE LINES AND WRINKLES WITH THE CLINICALLY PROVEN\* AGE-DEFYING BENEFITS OF MARINE CHARGED PADINA PAVONICA AND RED CORAL. TARGETED MASSAGE ENCOURAGES OPTIMUM CELLULAR FUNCTION FOR NOURISHED, YOUNGER LOOKING SKIN.

## **ELEMIS SUPERFOOD PRO RADIANCE**

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**R 900**

**Duration: 1 hour**

A NUTRITIONAL BOOST RICH IN SUPERFOODS AND ESSENTIAL MINERALS DESIGNED TO PACK STRESSED, DULL SKIN WITH ENERGIZING, DETOXIFYING ACTIVES. CLINICALLY PROVEN\* TO LEAVE SKIN PLUMPER, RADIANT AND LIT UP WITH GOOD HEALTH.

## **ELEMIS DYNAMIC RESURFACING PRECISION PEEL**

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**R 900**

**Duration: 1 hour**

CLINICALLY PROVEN\* TO TARGET THE SIGNS OF AGEING AND UNEVEN SKIN TONE, THIS PIONEERING PRECISION TREATMENT USES LAYERS OF ENZYMES FOR POWERFUL EXFOLIATION AND RENEWAL. A NEW START FOR SMOOTHER, YOUNGER-LOOKING SKIN.

## **DEEP CLEANSING FACIAL (ELEMIS PRODUCT)**

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**60 minutes- R750**

## **FACE MASSAGE**

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**30 minutes- R450**

# DAY PACKAGES

## **THAI ROYALTY HALF DAY THE SIGNATURE VILLA THAI EXPERIENCE**

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**R1 350 per person**

**Duration: 3 hours**

INDULGE IN OUR OASIS OF TRANQUILLITY WITH OUR HALF DAY PACKAGE.

THIS INCLUDES A NON-ALCOHOLIC WELCOME DRINK ON ARRIVAL, A BREAKFAST SNACK OR A LUNCH AND 3 LUXURIOUS TREATMENTS. RELAXATION TIME AND SHOWER FACILITIES ARE OFFERED.

TREATMENTS INCLUDE:

- ✦ FULL BODY HOT STONE MASSAGE (STONES ARE OPTIONAL AND MAY BE OMITTED ON REQUEST)
- ✦ THAI BODY SCRUB
- ✦ FOOT MASSAGE

## **BRIDE AND/OR GROOM TO BE**

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**R1 800 per person**

**Duration: 4 hours**

TREAT YOURSELF LEADING UP TO YOUR BIG DAY WITH OUR BLISSFUL WEDDING PACKAGE.

TREATMENT INCLUDES:

- ✦ ELEMIS FACIAL (SUPERFOOD RADIANCE, PRO-COLLAGEN AGE DEFY OR DYNAMIC RESURFACING PRECISION PEEL)
- ✦ FULL BODY HOT OIL MASSAGE
- ✦ EXPRESS MANICURE & PEDICURE
- ✦ THAI BODY SCRUB

**WE RECOMMEND BOOKING THIS PACKAGE AT LEAST A WEEK BEFORE YOUR SPECIAL DAY FOR THE BEST RESULTS.**

## THE JASMINE

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**R 950 per person**  
**Duration: 2.5 hours**

INCLUDES:  
A FULL BODY HOT OIL MASSAGE  
A FOOT MASSAGE  
HEAD MASSAGE

## THE ORCHID

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**R1100 per person**  
**Duration: 2.5 hours**

INCLUDES:  
A FULL BODY HOT OIL MASSAGE  
A THAI BODY SCRUB  
A FOOT MASSAGE

**TO BOOK ANY PACKAGE,  
PLEASE EMAIL US AT [INFO@VILLA-THAISPA.COM](mailto:INFO@VILLA-THAISPA.COM)**



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